

# UCKFIELD

# UNITED AGAINST DEMENTIA



## DEMENTIA FRIENDS AWARENESS SESSIONS

Would you like to improve your understanding of dementia and find out how you can support others? Why not come along to one of our free one-hour sessions:

Thursday 9 November 2017	4.30pm, Uckfield Civic Centre
Tuesday 14 November 2017	5.45pm, Uckfield Civic Centre
Wednesday 15 November 2017	6.30pm, Bridge Cottage
Monday 20 November 2017	6.00pm, Uckfield Civic Centre
Wednesday 22 November 2017	7.00pm, Bridge Cottage

If you would like to attend, please contact Holly at [townclerk@uckfieldtc.gov.uk](mailto:townclerk@uckfieldtc.gov.uk) or 01825 747793 to register your place!

